



Nassau Life and Annuity Company (the Company)
Nassau Life Insurance Company (the Company)
PHL Variable Insurance Company (the Company)
Nassau Life and Annuity Insurance Company (the Company)

Contact Information
Mail completed form to: Regular Mail: PO Box 758573, Topeka KS 66675-8573 Overnight Mail: 5801 SW 6th, Mail Zone – 573, Topeka, KS 66636-0001
Fax completed form to: Nassau Service Center: (785)-368-1386
Phone: Traditional Life: (800) 628-1936 Variable Life or Annuity: (800) 541-0171

Complete information helps us honor our promise to you.

We realize that we are asking for a lot of information and we would like you to know why. Usually, a long period of time elapses between the designation of a beneficiary and the payment of a death claim. During this time beneficiaries change address, children and grandchildren may be born, and many other changes can occur. Our commitment continues beyond the death of the insured to each of the named beneficiaries. To ensure that we meet our commitment, we use information such as date of birth and social security number to identify and/or locate each beneficiary to whom we owe payment.

Please help us ensure that your beneficiaries are paid as quickly and accurately as possible by providing us as much of the following information as possible on the accompanying form.

For each beneficiary we request the following information:

Full Name	Date of Birth	Social Security Number or Tax ID Number	Phone Number	Address
Sample Designations	<u>s:</u>			
• One Beneficiary: Primary:	Joan Smith	Relationship: Spouse	Percentage:	100%
One Primary Bene	eficiary and one Co	ntingent Beneficiary:		
,	Joan Smith		Percentage:	100%
Contingent:	William B Smith		Percentage:	
▶ Two Primary Bene	eficiaries, each gett	ing a different amount:		
,	Joan Smith		Percentage:	75%
Primary:	William B Smith	Relationship: Father	Percentage:	25%
Trust: Primary:	Patrick W Smith Irr	evocable Trust Dated October 15, 1995, Ric	hard Jones, Trustee	
Relationship	: Trust		Percentage:	100%
A Minor Child und Primary:		<i>inated custodian:</i> der New York UTMA, Mary Smith as custodi	an	

In order to comply with Office of Foreign Assets Control (OFAC) regulations the Company must obtain the full name of any beneficiaries of the Company policy, and cannot accept beneficiary designations such as "per stirpes", "lawful/all my children", "issue", "descendants".





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Designation of Beneficiary

Regular Mail: PO Box 758573, Topeka KS 66675-8573 **Express Mail:** 5801 SW 6th, Mail Zone – 573, Topeka, KS 66636-0001

Section 1 - Policy Information			
Insured/Annuitant Name		Policy/Contract Number	
Date of Birth	Telephone number	Social Security Number	
Section 2 - Beneficiary Designat	ion		
I hereby designate the following as b will be made to the beneficiaries that		benefit that becomes payable under this policy/contract. Payment in the following order:	
Primary Beneficiariesthen Contingent Beneficiathen The owner or owner's	ries (If no Primary E	Beneficiary living at the death of the Insured) nt Beneficiary living at the death of the Insured)	
		the future. I revoke any previous beneficiary designations and plicy/contract in the event of the death of the insured.	
New Mexico, Texas, Washington, a consent to the non-spouse designary policy. By submitting this form	and Wisconsin) and I have not nan tion. It is solely my responsibility without spousal signature, I affirm is not required. In the event sp	ies to my policy (Arizona, California, Idaho, Louisiana, Nevada, ned my spouse as the sole beneficiary, my spouse may need to to seek legal advice on questions regarding this designation for that community property or marital property law does not apply pousal consent is required, the Company is not liable for any	
FLORIDA RESIDENTS ONLY : You falls under the definition of "family r		ur beneficiary unless and until you provide proof that your agent ate law.	
the Guaranteed Death Benefit an	d Policy Protector Benefit may procured in order to transfer of	ate or (2) the Policy Protector Test may not be satisfied (and terminate), if we determine at any time that a beneficiary or ownership or any benefits under the policy to a third party ils.	
Even if you are only adding	/changing the Contingent Be	eneficiary, you must restate the Primary Beneficiary.	
☐ Primary (Required)			
√ Check one:	eneficiary Name		
□ Faually	ocial Security No. / Tax ID No.	Date of Birth / Date of Trust	
√ Check one:	al dua a a		
☐ Spouse A ☐ Child ☐ Trust	ddress		

Continued on next page.

Please make a copy of the signed form for your records as you will not receive confirmation of the change.



Telephone No.

□ Other

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Policy/Contract Number	

Make a copy of the signed form for your records. Section 2 - Beneficiary Designation - continued √ Check one: □ Primary Beneficiary Name ☐ Contingent √ Check one: □ Equally Social Security No. / Tax ID No. Date of Birth / Date of Trust ☐ _____ % per share √ Check one: Address □ Spouse ☐ Child ☐ Trust Telephone No. ☐ Other ___ √ Check one: □ Primary Beneficiary Name ☐ Contingent √ Check one: ☐ Equally Social Security No. / Tax ID No. Date of Birth / Date of Trust ☐ _____ % per share √ Check one: Address □ Spouse ☐ Child ☐ Trust Telephone No. ☐ Other √ Check one: ☐ Primary Beneficiary Name ☐ Contingent √ Check one: □ Equally Social Security No. / Tax ID No. Date of Birth / Date of Trust ☐ _____ % per share √ Check one: Address □ Spouse ☐ Child ☐ Trust Telephone No. □ Other

If any additional pages/attachments are needed to complete this change, please sign, date and provide the policy number on each page.

Continued on next page.

Please make a copy of the signed form for your records as you will not receive confirmation of the change.



Policy/Contract Number	

I understand that if I am married and reside in a community property or marital property state and have not named my spouse as the sole beneficiary, my spouse's signature may be required for some changes to this policy. I will refer to my specific state rules for signature requirements. It is my responsibility to seek legal counsel with questions regarding this designation. Should spousal consent be required, the Company is not liable for any consequences resulting from my failure to obtain proper consent.

For your protection, California law requires the following to appear on this form. Any person who knowingly presents false or fraudulent information to obtain or amend insurance coverage or to make a claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

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Section 3 - Signatures and Date CURRENT Individual Owner		If the CURRENT OWNER is a INDIVIDUAL, complete the following. If you reside in Massachusetts, a signature of a Disinterested Witness MUST be obtained.			
Owner Name (Print First, Middle, Last)	Signature	Disinterested Witness Signature		Date (mm/dd/yyyy)	
Owner Name (Print First, Middle, Last) (or Spouse, only if community property)	Signature (or Spouse, only if community propert	Disinterested Witness Signature	State Signed In	Date (mm/dd/yyyy)	
CURRENT Non-Individual Owner	If the CURRENT OW	NER is a NON-INDIVIDUAL, comple	ete the following.		
Full Name of Trust, Entity, Corpora	ation or Other:		Date of Trust		
Signing in the capacity as: True True	.,	ficer (List Title)(Att	ach Corporate	Resolution)	
Name (Print First, Middle, Last)	her Signature	Disinterested Witness Signature	State Signed In	Date (mm/dd/yyyy)	
Name (Print First, Middle, Last)	Signature	Disinterested Witness Signature	State Signed In	Date (mm/dd/yyyy)	
Name (Print First, Middle, Last)	Signature	Disinterested Witness Signature	State Signed In	Date (mm/dd/yyyy)	
Name (Print First, Middle, Last)	Signature	Disinterested Witness Signature	State Signed In	Date (mm/dd/yyyy)	
The updated beneficiary designation	will be available for review at ww	w.nfg.com within 10 days of	f receipt of yo	ur request.	
Complete	ONLY if form is being modified	d after the original sign d	ate.		
I CERTIFY that this form was minclude the capacity in which you	•	// Sign	below (If N	on-Individual,	



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