

Nassau Life and Annuity Company (the Company)
Nassau Life Insurance Company (the Company)
PHL Variable Insurance Company (the Company)

PO Box 758573, Topeka, KS 66675-8573 *Phone:* 1-800-541-0171

Variable Annuity
Premium Allocation

Nassau Life and Annuity Insurance Company (the Company)

Owner(s) Name(s) (Last, First)		Contract Number (if known)	Payment Type ☐ Premium ☐ Loan			
Complete Section 1 or Section 2 - do not complete	ete both section	ons. Signature required in Sec				
Section 1: Asset Allocation Options (some restrictions apply; see Terms below)						
Morningstar ETF Allocation Series	Franklin Temp	leton*				
 Morningstar Income and Growth ETF Asset Allocation Portfolio Morningstar Balanced ETF Asset Allocation Portfolio (see B1 below) Morningstar Growth ETF Asset Allocation Portfolio (see B1, B2 below) Morningstar Aggressive Growth ETF Asset Allocation Portfolio (see B1, B2 below) Morningstar Aggressive Growth ETF Asset Allocation Portfolio (see B1, B2 below) AB VPS Balanced Hedged Allocation Portfolio (Moderate) (see B1, B2, B3 below)) (see B1, B2 below)			
Terms:	"Automatic reb	alance occurs monthly				
A. An available Asset Allocation Option MUST be selected if you are electing the Phoenix Flexible Withdrawal Protector (GMWB), Phoenix Retirement Protector (A Flexible Combination Benefit) or Phoenix Principal Protector (GMAB) rider. (Riders not available on all products.) B1. These models are not available with the Phoenix Retirement Protector (A Flexible Combination Benefit) rider. B2. These models are not available with the Phoenix Principal Protector (GMAB) rider. B3. These models are not available with the Phoenix Flexible Withdrawal Protector (GMWB) rider. C. For a new contract, the initial premium will be allocated based on the Asset Allocation Option selected above. For an existing contract, 100% of your contract value will be allocated to one of the above Asset Allocation Options. Only one Asset Allocation Option can be in effect per contract at one time. D. Subsequent premiums will be allocated according to the Asset Allocation Option selected above. E. Asset Allocation Options are not available for certain products including Group Strategic Edge (GSE) and Phoenix Income Choice. F. Notify your financial advisor or agent if your risk profile changes. G. In the future we may modify or eliminate any existing program or Asset Allocation Option within a program, or may offer other asset allocation services which, at our discretion, may be available to current and/or prospective contract owners.						
Section 2: Premium Payment Allocation (Whole percentages only. Must tot		complete if an option was selected a	bove. Maximum 18 choices.)			
% (225) AB VPS Balanced Hedged Allocation Portfolio		Morningstar Income and Growth ETI				
% (108) Columbia Variable Portfolio - Acorn Fund	% (248)	Neuberger Berman AMT Mid Cap G	rowth Portfolio, Class S			
% (109) Columbia Variable Portfolio - Acorn International Fund	% (251)	Neuberger Berman AMT Sustainable	e Equity Portfolio, Class S			
% (229) CVT S&P Midcap 400 Index Portfolio	% (202)	PIMCO VIT CommodityRealReturn®	Strategy Portfolio			
% (167) DWS Equity 500 Index VIP	% (203)	PIMCO VIT Real Return Portfolio				
% (228) DWS Small Cap Index VIP	% (204)	PIMCO VIT Total Return Portfolio				
% (125) Federated Hermes Fund for U.S. Government Securities II	, ,	Templeton Developing Markets VIP F	- und			
% (235) Federated Hermes Government Money Fund II (Service Shares)		Templeton Foreign VIP Fund				
% (126) Federated Hermes High Income Bond Fund II		Templeton Growth VIP Fund				
		TVST Touchstone Balanced Fund				
		TVST Touchstone Bond Fund				
% (149) Fidelity® VIP Growth Portfolio	, ,		un d			
· · · · · · · · · · · · · · · · · · ·		TVST Touchstone Common Stock Fu				
% (206) Fidelity [®] VIP Investment Grade Bond Portfolio	, ,	TVST Touchstone Small Company F				
% (227) Franklin DynaTech VIP Fund		Virtus Duff & Phelps Real Estate Se	· · · · · · · · · · · · · · · · · · ·			
% (196) Franklin Income VIP Fund		Virtus KAR Capital Growth Series (A	·			
% (121) Franklin Mutual Shares VIP Fund		Virtus KAR Enhanced Core Equity S	· ·			
% (247) Invesco V.I. American Franchise Fund		Virtus KAR Small-Cap Growth Series	· · · · · · · · · · · · · · · · · · ·			
% (199) Invesco V.I. Discovery Large Cap Fund		Virtus KAR Small-Cap Value Series				
% (205) Invesco V.I. Equity and Income Fund		Virtus Newfleet Multi-Sector Interme				
% (200) Invesco V.I. Global Fund	% (104)	Virtus SGA International Growth Ser	ies (A Shares)			
% (201) Invesco V.I. Main Street Small Cap Fund	% (103)	Virtus Tactical Allocation Series				
% (187) Lord Abbett Bond-Debenture Portfolio		Income Allocation - for Phoenix Inco				
% (188) Lord Abbett Growth and Income Portfolio		inteed Interest Account* (Not availab	le for Phoenix			
% (189) Lord Abbett Mid Cap Stock Portfolio		e Choice or Freedom Edge.)				
% (245) Morningstar Aggressive Growth ETF Asset Allocation Portfolio	% Other	:				
(Class II)						
% (238) Morningstar Balanced ETF Asset Allocation Portfolio (Class II)		d to 5% for Dimensions, Spectrum E	dge, Investor's Edge,			
% (239) Morningstar Growth ETF Asset Allocation Portfolio (Class II)	Premium	Edge. Restriction may vary by state.				
(Class II)						



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Section 3: Optional Benefit Rider Rates (if applicable)

Phoenix Principal Protector

• The following Asset Allocations are currently available with the Phoenix Principal Protector rider.

Model Name	Rider Fee
Morningstar Income and Growth ETF Asset Allocation Portfolio	0.85%
Morningstar Balanced ETF Asset Allocation Portfolio	0.85%

Phoenix Flexible Withdrawal Protector

- The following rate schedule applies if you are selecting an Asset Allocation Option for the first time. If you are transferring into a new Asset Allocation Option and assuming the following rate schedule is not already in effect for your Rider, the following rate schedule will apply if your Benefit Base steps-up on a rider anniversary and you do not opt out of the step-up.
- The Rider Fee is based on the Asset Allocation option elected.
- The Optional Extended Care Enhancement may be elected for an additional 0.20%.
- In the event of a rate change, the rate applicable to your rider will remain in force unless an Automatic Step-Up occurs. In the event of an Automatic Step-Up, your rate may change to reflect the updated rate schedule.
- The following Asset Allocation options are currently available with the Phoenix Flexible Withdrawal Protector rider.

Model Name		Rider Fee	
	Single	Joint	
Morningstar Income and Growth ETF Asset Allocation Portfolio	0.60%	0.80%	
AB VPS Balanced Hedged Allocation Portfolio	1.00%	1.35%	
Morningstar Balanced ETF Asset Allocation Portfolio	1.35%	1.80%	
Franklin Templeton Perspectives Allocation Strategy	1.35%	1.80%	

Phoenix Retirement Protector

- The following rate schedule applies if you are selecting an Asset Allocation Option for the first time. If you are transferring into a new Asset Allocation Option and assuming the following rate schedule is not already in effect for your Rider, the following rate schedule will apply if your Benefit Base steps-up on a rider anniversary and you do not opt out of the step-up.
- The Rider Fee is based on the Asset Allocation option elected.
- The Optional Extended Guaranteed Minimum Death Benefit may be elected for an additional 0.50%.
- In the event of a rate change, the rate applicable to your rider will remain in force unless a GMWB Automatic Step-Up occurs or (if applicable) you elect a GMAB Step-Up, as provided by the GMAB component of this rider. In the event of a Step-Up, your rate may change to reflect the updated rate schedule.
- The following Asset Allocation options are currently available with the Phoenix Retirement Protector rider.

Model Name		Rider Fee	
	Single	Joint	
Morningstar Income and Growth ETF Asset Allocation Portfolio	1.10%	1.45%	

Please visit www.nfg.com for additional information.

Section 4: Signature	s - Required		
I have made my select accept the rate sched	tion above and understand the applicable terms. If I have purchule shown above.	ased an Optional Benefit Rider, I hereby acknowled	de and
Owner	<u>X</u>	Print Name (and Title, Company if Corp Owned)	Date
Joint Owner (if any)	X	Print Name	Date

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